

SHELDON TRAINING SCHOOL BRATISLAVA

BODY CONSCIOUS DESIGN FOR THE THIRD AGE

JUNE 29th – JULY 3rd 2021

VENUE: Faculty of architecture and design STU in Bratislava, Námestie Slobody 19, 812 45 Bratislava
GOOGLE MAPS: <https://goo.gl/maps/3habCHb9TA9NS8jn6>

TRAINERS

Jader Tolja • Veronika Kotradyová • Nuno M. Garcia • Vladimir Tumberg • Nuno Pombo

PROGRAMME

Tuesday June 29th • Introduction day

» room 06, Faculty of Architecture and Design (FAD), Námestie Slobody 19, ground floor, left wing

- 10:00 introduction to the course • Veronika Kotradyová
- 10:15 11 principles of spatial design for wellbeing • Veronika Kotradyová
- 10:50 Ageing and age friendly environment
 - Zuzana Čerešňová, Center of Design for all (CEDA FAD)
- 12:00 » coffee break
- 12:10 Ageing from perspective of social sciences – online discussion with Ľubica Voľanská (IESA, Slovak Academy of Science) – cultural anthropologist, expert for ageing
- 13:00 » lunch
- 14:00 short excursion in premises of FAD STU (starts in the main foyer)
- 15:00 initial kick of workshop • Nuno M. Garcia | Veronika Kotradyová
Creating teams, empathizing exercise with age explorer suit, interaction with MUDr. Miriam Čepíkova (medical doctor).
- 17:00 outdoor welcome party on the terrace of the FAD building

Wednesday June 30th

» room 117, FAD, first floor, left wing

- 10:00 SITTING – Sessions to the topic of the elderly sitting elements design • Jader Tolja
– Privacy, Safety and User experience
 - » including coffee break
- 12:45 summary of the morning part
- 13:00 » lunch
- 14:00 continuation of the SITTING
– design workshop, generating design ideas • Jader Tolja | Veronika Kotradyová
Interactive seminar with design output in form of conceptual schemes for sitting elements, defining problems, first products concepts, preparation and planning of Low-fi prototyping.
 - » including coffee break
- 16:45 summary of the day

PROGRAMME

Thursday July 1st

» room 117, FAD, first floor, left wing

- 10:00 The bed design for mature people – interactive seminary • Jader Tolja (theory and practice)
11:50 » coffee break
12:10 Active Assisted Living/ALL approaches • Nuno Garcia | Vladimir Tumberg
13:00 » lunch
14:00 Spatial design workshop • Jader Tolja
A neuro-ergonomic approach to the elderly space design (theory and practice)
» including coffee break
16:30 initial brainstorming about products concepts (bed design and spatial design, preparation for prototyping)

Friday July 2nd

» room 069 (studio/workshops in the basement, right wing), FAD/all trainers

- 10:00 Hands on workshop – Lo-Fi prototyping (all trainers)
» including coffee break
13:00 » lunch
14:00 Hi-Fi prototyping
19:00 good bye party in an atrium of restaurant OMAMA shop café, city center near Medical garden
<https://www.omamashopcafe.sk/kontakt/>

Saturday July 3rd

» room 069 (studio/workshops in the basement, right wing), FAD/all trainers

- 10:00 user tests
11:00 workshop Hi-Fi prototyping
13:00 lunch
14:00 finalization of outputs
15:30 presentation of the outputs
17:00 conclusion of the training school



CONTACTS

Local organizer: Veronika Kotradyová, +421 903 691 551, veronika.kotradyova@stuba.sk

Assistant: Marian Ontkoc, +421 904 070 919, marian.ontkoc@gmail.com

IMPORTANT INFORMATION

Universal emergency number: +421 112

Registration before entering Slovakia: <https://korona.gov.sk/en/ehranica/#>

Necessary antigen testing after arriving to Bratislava:

List of all testing mobile places in city center that are free of charge, drop in, you do not have to reserve the date, and result is in 20 minutes

https://www.staremesto.sk/data/MediaLibrary/60/60696/MOM_BA_I_20210503.jpg

TRANSPORT TO BRATISLAVA

Landing in Vienna – Bratislava is only 70 km from Vienna airport

– transfer by bus from Vienna airport to Bratislava: providers – Slovaklines, Regiojet and Flixbus

<https://www.slovaklines.sk/en/>, <https://www.regiojet.com/>

Option-transit: after a landing in Vienna near the Exit are buses to Bratislava. It takes 1 hour; in Bratislava choose the stop Centrum – Most SNP; in city center – stop under bridge SNP or Nivy bus station (depends on where your hotel is located).

LANDING IN BRATISLAVA

If you arrive directly to Bratislava transfer from Bratislava airport to city center by bus 61 (goes every 20 min)

<https://imhd.sk/ba/route-line/61/bd807c807f847f85807c8580>